

#DalUnited – Vancouver

May 11th, 2018

Do-it-Yourself: Hygiene Kits

These kits are provided to those most in need in our community, including women and children escaping abuse, isolated seniors and people living below the poverty line throughout the Lower Mainland.

Collected items can be dropped off at the **United Way Lower Mainland Office** and will then be distributed to those in need. The office is located at 4543 Canada Way, Burnaby, BC V5G 4T4.

Suggested items for donation:

- Toothpaste, toothbrush and floss
- Hair brush or comb and hair ties
- Shampoo and Conditioner
- Moisturizer
- Sunscreen
- Band-Aids, lip balm
- Tissues
- Sanitary napkins and tampons
- Soap, deodorant
- New socks and underwear
- Bag with a positive note inside

Additional Items

United Way Lower Mainland is also collecting the following items, which have been identified as most-needed within the community.

- Taxi vouchers for women escaping abuse
- Walmart and Ikea gift cards
- Clothing store gift cards for teenagers
- Sports and book store gift cards
- Grocery store gift cards
- Movie tickets, passes to recreation centers
- Art supplies and store gift cards

If you have any questions, please contact Gabriel Avelar, Volunteer Engagement Strategist for United Way Lower Mainland at GabrielA@uwlm.ca or 604.294.8929.